



# Fairbrae Filter

Volume 21 Issue 4

April 2014

Fairbrae Swim and Racquet Club, 696 Sheraton Drive  
Sunnyvale, CA 94087 (408) 739-3833  
[WWW.FAIRBRAE.COM](http://WWW.FAIRBRAE.COM)

## ***A big thank you for our out-going Board members***

Mark Chase *and* Paul Van Hoorickx

*We are looking for a member to fill one Board position.  
If you are interested please contact Mark Schertler at  
[mark-schertler@pacbell.net](mailto:mark-schertler@pacbell.net)*

## ***2014 Manta Rays Swim Team. Let's GO!***

The 2014 season will run from April 21st through July 19th. Returning families will receive registration information via e-mail from the Manta Rays Yahoo! group. New, prospective swimmers who are Fairbrae members please contact Team Registrar, Kathy Mortensen at [mantarays\\_registrar@yahoo.com](mailto:mantarays_registrar@yahoo.com) for registration and swimmer evaluation information. Registration begins February 28, 2014.



## ***Introducing Fairbrae's newest tennis instructor:***



Introducing our new tennis instructor ***Ashvin Soin!*** Ashvin comes highly recommended and is looking forward to sharing his tennis knowledge with everyone interested. So, if you've never touched a racket before and have been thinking about trying, or, you have game, but want to take it to the next level, give him a try. Ashvin will be offering a temporary introductory discount to Fairbrae members to try him out their first time. He offers private, semi-private or clinics for up to 6 members. His contact info is [soinashvin@hotmail.com](mailto:soinashvin@hotmail.com) or by cell at 408-306-0939.



## Upcoming Event:

Easter Egg Hunt Extravaganza at  
Fairbrae  
April 20th from 1-3pm

Come to Fairbrae to enjoy some food, entertainment and egg hunt. We will have some light food and games in and out of the clubhouse. If you plan to attend please email Steve, if possible, so we can plan for food and games. (steve@fairbrae.com). Please attend even if you didn't RSVP, sometimes plans change and we would rather have you here than not here, so come on by.

### **Fairbrae's on going classes!!!**

- 1) A new Yoga class taught by Fairbrae member, Lynn-Marie Murphy. Contact Lynn-Marie at [llmrphy@aol.com](mailto:llmrphy@aol.com)
- 2) Nisa Leone's Personal Touch Body Sculpting class, for more information contact Nisa at: [nisaleaone@sbcglobal.net](mailto:nisaleaone@sbcglobal.net)
- 3) Lisa Schertler is continuing her Master swim class. Contact Lisa at [luluks@pacbell.net](mailto:luluks@pacbell.net) for more information on her awesome swim/stroke class for adults. **See Lisa's flyer on the next page.**

**Our sister swim team SUNN will once again be utilizing the far four lanes.**

**Hours of use will be:  
M-F 4:15-7:30  
and M-Th one far lane from  
3:30-4:15pm**

The two lanes closest to the clubhouse will be for members use during this time. Any questions or concerns please contact Steve in the office.

**OFFICE HOURS:**  
M-Sun...8am-10am & 4pm-6pm  
Email: [Steve@fairbrae.com](mailto:Steve@fairbrae.com)  
(408) 739-3833

#### **Board of Directors:**

Mark Schertler	President
Diana Kunze	Vice President
Scott Duncan	Treasurer
Julie Colwell	Secretary
Felicia Fry	At Large
Edison Fong	At Large

Next Board meeting will be on April 14th, in the clubhouse at 7:00pm.



## Swimming: Stroke Technique and Fitness!

Lisa's Swimming Class for adults is a class for any level of Fitness Swimmer who wants to feel more comfortable in the water and is interested in learning how to use swimming for fitness. In class we will focus on basic swim concepts, skills and techniques to improve efficiency and how to access fitness through swimming.

- \* We do about 1,000 strokes in an hour (no hard-core sets with crazy intervals ...YET...).
- \* We are flexible in adjusting workouts to meet the needs of all those in attendance.
- \* Private lessons available; scheduled by email.

Please feel welcome to come try us out any time!

Class times: Tues. @ 6:00-7:00 am  
Thurs. @ 7:30-8:30 pm

- \* Suggested donation: Members \$3, non-members \$5...
- \* Please email Lisa Schertler if you have any questions...

[luluks@pacbell.net](mailto:luluks@pacbell.net)

**\*Ask me about COR's Bootcamp: 5:30-6:30am M/W/Th**