



FAIRBRAE SWIM & RACQUET CLUB

A Non-Profit Corporation

696 SHERATON DRIVE

SUNNYVALE, CALIFORNIA 94087

408-739-3833

APPENDIX E

FAIRBRAE SWIM CLUB POOL RULES

1. There will be no use of the pool without a lifeguard in attendance except during Buddy Swim.
 - A. Buddy Swimmers must be at least 18 years of age.
 - B. Refer to "Buddy Swim Rules" included in this packet.
2. The pool staff, manager and lifeguards, have complete authority--vested by the Board of Directors--in the pool area and must be obeyed at all times. Failure to do so or failure to observe the pool rules listed below could result in serious injury or death.
3. Parents are directly responsible for their children whenever the children are using club facilities.
 - A. Children under seven (7) years of age must be accompanied by a responsible individual twelve (12) years or older in the pool area.
 - B. Children seven (7) through fifteen (15), inclusive, who have passed the safety swim test may swim unaccompanied by an adult or baby-sitter.
 1. Requirements for Fairbrae safety swim badge:
 - a. Swimmer must swim 2 lengths of the pool freestyle.
 - b. Swimmer must be able to tread water for three minutes.
 - c. Swimmer must be able to float on back for one minute.
 - d. Re-testing of children with badges may be deemed necessary at anytime by the staff, especially (but not limited to) the beginning of the summer swim season.
 - C. Children seven (7) through fifteen (15) who have not passed the safety swim test may swim when accompanied by an adult or an assigned baby-sitter.
 - D. All children swimming in the deep end of the pool must have passed the safety swim test.
4. Wading pool is reserved for small children six (6) years of age and younger who must be under constant supervision of an adult or baby-sitter.
5. DIVING
 - A. NO DIVING IN THE SHALLOW END OF THE POOL (5 feet of water or less).
 - B. Absolutely no back dives are to be performed from the pool deck.
 - C. Only one person on diving board at a time.
 - D. Only ONE BOUNCE on board; no multiple springs.
 - E. No swimming in diving area unless permission is given by lifeguard.
 - F. Divers must use ladders in deep end to exit from diving well.

6. Use of any pool equipment such as fins, masks, sponge balls, et cetera is completely at the discretion of the lifeguard.
7. NO RUNNING will be tolerated in the pool area.
8. NO ROUGH HOUSING in or around the pools.
9. NO HANGING ON LANE LINES as they may snap or break.
10. Absolutely no one but lifeguards is permitted on lifeguard towers.
11. Absolutely NO SMOKING in or around pool area.
12. No person with an open cut, sore, or wearing a bandage shall enter the pool.
13. No glass or breakable containers are permitted in pool area.
14. Adult swims will be held the first ten minutes of each hour at the discretion of the lifeguard. All children 15 years of age and younger will be cleared from the pool.
15. Non-members who are guests of Fairbrae Swim Club are responsible for complying with the above stated rules. Members who bring guests shall inform their guests of the pool rules.
 - A. Guests under sixteen (16) years of age must be checked in with the lifeguard on duty.
 - B. Baby-sitters will register at the club entrance.
 - C. Unaccompanied house guests may use pool only when lifeguards are on duty and with prior written permission of the member and manager's approval.
 - D. Any member over the age of seven (7) may sign in guests.

Please keep in mind these rules are for the safety of all our members. Thank you for your cooperation.